



Naturally growing food for a better tomorrow

Let's start out this newsletter right. Let me just humbly thank all of our CSA members for being such wonderful customers! You've been extremely patient and kind, and we are so very grateful.



June has not been kind to us farmers. Those of you who have purchased a CSA this year and chose to pick up at the Saturday farmer's market are certainly feeling the pain. We've had to schedule different delivery and pick up options for those members because we haven't quite had

enough product to be at the market the last two weeks. This is why we're also pretty grateful for the other local farmers that have helped us fill in some gaps. [Serenity Farm](#) was nice enough to exchange some of their squash for some of our cucumbers this week. (The squash plants are in the ground, but we're still waiting...) [Serenity Farm](#) actually resides in Valley Center as well, and they have similar organic

principles when it comes to growing food; hence why we've partnered with them to include a few special surprises as well. Did you enjoy the baked bread you had in your boxes a few week's back?



Serenity makes a regular showing at Old Town Farmer's Market during the Summer, and we highly recommend you go see them.

That being said, we did attend the first Valley Center Farmer's market in June. The first harvest of tomatoes sure went fast!! (Yes, you read it right. The first harvest of tomatoes are in!!) Though there was only four vendors there, we got a pretty good showing of people. And since



Growing and selling local, naturally-grown produce is hard work, and it simply cannot be done without the support of the community – both customers and famers alike. So again...thank you, thank you, thank you! And what better what to say 'thank you' than to send you a few flowers. This year we have added flowers to the garden in the hopes of bringing in more beneficial insects. And

we're from Valley Center, we think that's pretty important. And I have a feeling that next month's market will be even better. Thank you Valley Center Chamber of Commerce!



the bees are coming!! It's so exciting to see them buzzing along in the garden...not to

mention beautiful!!

And speaking of beneficial insects...how about this little praying mantis we found on the tomato plants? The garden is growing in more ways than just square inches. It's also growing in nutrients which is bringing more life to our soil. And that means the produce is helping us grow too. This little guy is a sure sign of good things to come!

